



The newsletter of Legacy Arabian Horse Club

Legends

October 2010

Special points of interest:

Club Trail Ride at Benbrook Lake Oct 9

New officers, BOD members

Trail Riding Tips

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FINALLY, a break in the hot temperatures! With that said I hope many of you will plan to come join us for the club trail ride on October 9 at Benbrook Lake. Ride out time is scheduled for 9:30 a.m. There is more detailed info later in the newsletter.

I just returned from Sport Horse Nationals in Nampa, Idaho and would like to congratulate the two Region 9 members that made the trek up there to compete.

Wendye Gardiner of Toskhara (also Legacy Club member) won 5 Top Tens and a Reserve Championship and Mona Tobias (plans to join our club next year) won 7 Top Tens -- Congratulations to both of you -- WELL DONE!!

This is really a growing segment in our breed. Any of you who would

like a different perspective from what you get in the main performance ring should really consider venturing over to the sport horse ring. If anyone has any questions about it, I would be happy to chat with you. Also, a great place to market your horses.

The US Nationals is just around the corner and I wish all those going to have GREAT rides and the best of luck!

The planning for Cowtown Classic 2011 is underway, so please consider volunteering to help at the show next March. We need volunteers as well as sponsors to keep this show great and the best in the Region. You may contact Larry Nace or myself if you have any questions or would like to volunteer/sponsor.

At the November Board

meeting scheduled for 11/9/10, we will be reviewing the resolutions that will be proposed at our AHA Annual Convention this year. I invite all of you to come and be apart as we discuss the items that will shape our breed in the future. This is the process in which the rules and regulations come about in our organization which govern our shows and our breed registrations.

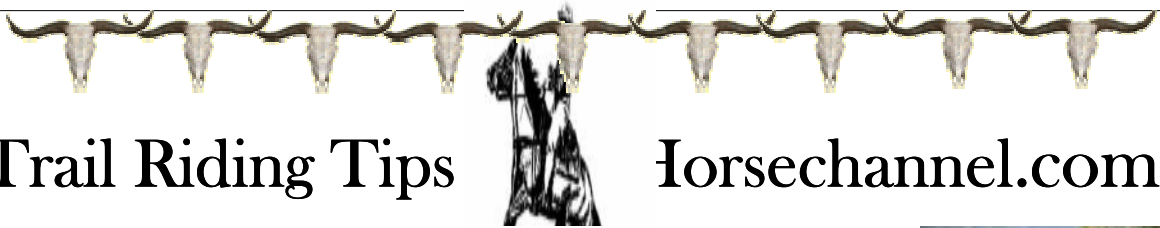
Sincerely,
Debbie Cinotto

windcrestdc@aol.com



30 Trail Riding Tips

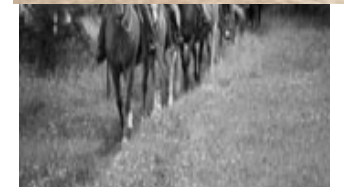
horsechannel.com



1. Desensitize your horse to scary situations you may encounter on the trail in a safe environment, such as an arena.
2. Gradually introduce him to traffic where you can control the situation.
3. Before you even think of hitting the trail, you and your horse should have mastery of basic skills in the arena. You should have whoa and go, steering, and control at all gaits.
4. If your horse isn't used to riding alone, build up his confidence by going out for short jaunts frequently, working up to longer rides as his confidence grows.
5. Don't tailgate! Maintain one horse length between horses.
6. Before you trot or canter on the trail, check with the other riders in your group.
7. In a mixed-levels group ride, put an experienced rider in the lead and another at the end.
8. If your group is well matched in skill level, take turns riding in the lead, middle and end positions.
9. Negotiate road crossings as a group so that no horse is left behind on the other side of a busy roadway.
10. Horses feel safest in a herd, and some may panic if they feel deserted. It's best to keep all riders in your group together, although experienced horses and riders may be fine venturing off alone.
11. At water stops, wait until all horses are done drinking before leaving the watering place. Some horses won't drink if they are distracted by the fear of being left behind.
12. If your horse tries to hurry home, refocus his attention by asking him to ride in serpentines along the trail, or flex to give his shoulder.
13. Rather than pulling straight back on the reins when your horse dives for a bite of grass along the trail, try pulling him left or right while you encourage him to move out.
14. Mind your multi-use manners: Show courtesy to hikers, bikers and others sharing the trail. You are an ambassador for equestrians!
15. If you crave competition, consider participating in a judged trail ride (trail trial), endurance ride or competitive trail ride.
16. Looking for adventure with your friends or family? Some camping facilities, state and national parks offer amenities to accommodate horses, including corrals.
17. Approach slippery, slick or rocky trail conditions slowly. Keep yourself centered in the saddle, so you don't throw your horse off balance.
18. Clean up after yourself: If you parked your rig at a trailhead, don't leave piles of manure and other mess behind.
19. Save our trails—join the Equestrian Land Conservation Resource to work for land access and preservation on a local or national level. www.elcr.org
20. Wear a helmet with an extended visor for added sun protection.
21. Be seen: If you ride out at night, reflective tack and clothing is a must. Wear dayglo orange in hunting territory.
22. Keep your tack in good repair. You don't want a cinch or bridle to break out on the trail.
23. If you only trail ride on the weekends, make sure the ride you choose is within your horse's current fitness level.
24. When you set out, always let someone know where you are going and when you expect to be back.
25. Carry a cell phone on your body, rather than in a saddlebag, in the event that you and your horse part company. Attach an ID tag somewhere on your horse's gear as well.
26. Pack a basic first-aid kit for horses and humans.
27. Don't let your horse choose to charge up hills—a change in pace should be decided by you.
28. Reevaluate your horse's saddle fit on trail. A good arena saddle doesn't always make a good trail saddle.
29. If you use protective legwear for your horse, make sure it can withstand the rigors of trail riding. You shouldn't come home with burrs and/or sand in your horse's boots or wraps.
30. Insect populations can increase on the trails. Protect yourself and your horse from pests, including gnats and ticks.



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decide what is
best for you!



Club Trail Ride at Benbrook Lake Equestrian Trails



Date: October 9, 2010

Place: Benbrook Lake Equestrian Trails

Departure Point: West Trail Head (off Hwy 377 behind Benbrook Stables)

Ride out time: 9:30 a.m.

Map of trail and trailhead location: <http://www.swf-wc.usace.army.mil/benbrook/images/Maps/HorseTrailMap%20web.pdf>

Level of Difficulty: First half of trail is easy, flat, dirt trail, second half of trail is more difficult with terrain changing to rocky

Distance: 14 miles round trip (or riders can choose to return when terrain changes, 7 miles round trip)

Open to all members/guests/breeds



LAHC Officers and Directors

President	Debbie Cinotto	817-319-9815	windcrestdc@aol.com
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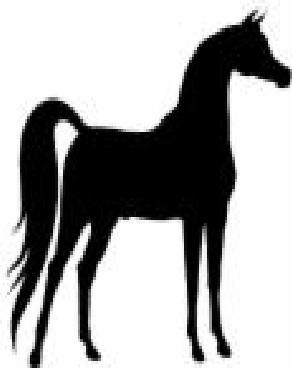
Moved? Please send any change of address to the above address

We're on the web!
Legacyarabianhorseclub.com



Did you Know?

The state of Texas requires a yearly negative Coggins test on all horses if they are ever within 200 yards of another horse. It is also required that proof of the negative results are carried anytime the horse is transported. It is a good idea to make sure and follow these regulations when transporting your horse for the club trail ride! For further information visit the Texas Animal Health Commission (TAHC) website or by calling them toll free at 1-800-550-8242



accomplishments and interests will be the subject of this section of our newsletter. All youth are welcome and will be featured on a first come/first served basis. If you are interested in being in "The Spotlight" please email Danny Tucker at goldcoinarabians@yahoo.com

Legacy Arabian Horse Club - Board of Directors Meeting

September 2009

Meeting called to order at 7:05.

In attendance: Alicia Knandel, Laura West, Danny Tucker, Larry Nace, Debbie Cinotto, Carlene Winkles, Cynthia Moore, Marie Beckett, Patty Manning.

Minutes from July 2009 BOD meeting distributed and reviewed. Motion to approve minutes. Approved.

Treasurers report distributed. Reviewed. Motion to approve treasurer's report. Approved. Membership report, no changes in membership numbers since July report.

Larry Nace presented Cowtown report. Executive show committee report distributed to committee by email. Currently recruiting staff for show. We need to continue to progressively push for sponsors. Ads must be in by middle of November for timely delivery to printer by December. Premium costs 5000. If cattle barons and trail boss ads are complete, they can cover cost the cost.

Fun Shows - next show is Sept 26. Registration is 8:30 am with show starting at 9:00. Bernadette is judging. Alicia has placed shows on Horse Report calendar.

Convention: This year is in Reno, NV. Date is the weekend before Thanksgiving. Next delegate meeting is Sept 19 at Venture farm in conjunction with NTAHC Blue Jean Ball.

Club level volunteer award is due Sept 15.

Danny Tucker - We need to set times for club newsletter. How about every other month. Youth section, start charging for ads again. Costs for printing and delivery is approximately 150 per issue.

Trail Ride - Danny Tucker proposed one for next spring lasting one day. Suggestions were Benbrook, Mineral Wells State Park, and Grasslands. We need to break into groups of beginner, intermediate and advancee Carlene mentioned Carla Jo Bass doing clinic.

John and Linda Schiflett - Rescue horse situation. Arabians that were picked up from Aubrey farm. Anyone wanting to help please contact John or Linda.

Debbie listed dates for meetings. Since no Christmas party this year do we need a BOD meeting that month?

Oct 13, Nov 10 (resolutions) and will further discuss the need for a December meeting.

Suggestions for member meetings were dinner meetings, tack swaps, vet meetings. Need to distribute the information multiple times.

New business, a member of the club, Liz Petty suffered a horse injury. Badly bruised but no facial breaks. She is home now after a five day stay in the hospital.

Move to adjourn, Approved, meeting adjourned 7:51 pm.

Respectively submitted

Carlene Winkles - Secretary

Legacy Arabian Horse Club of Texas - Board of Directors Meeting Minutes

October 13, 2009 - Fish Creek Restaurant

Meeting called to order 7:01 pm

In attendance: Debbie Cinotto, Larry Nace, Alicia Knandel, Danny Tucker, Laura West, Patty Manning, Tessa Hege, Bud McManus, and Rachel Cinotto.

Minutes distributed and reviewed from September 2009 Meeting. Motion to approve by Patty Manning, 2nd by Larry Nace, minutes approved.

Treasurer's Report - Treasurer's report was distributed and reviewed. Motion to approve by Patty M., 2nd by Laura West. Treasurer's report approved.

Membership report -- Debbie reported on Membership count -- 86 adult and 16 youth for a total of 102.

Cowtown - Larry distributed new ESC report, some changes made since one he emailed out. He has commitments on all 22 full page ads and 3 of the 4 1/2 page ads. Still needs 2 high point jackets sponsors and 2 more belt buckle sponsors plus the added money for the cutting. The class schedule has been finalized.

Tessa is Gate Coordinator and looking for volunteers for each session.

Open Shows - Alicia had some people show up for the last fun show that was cancelled. Plan to implement a pre-registration for the open shows so that she'll have an idea who's coming and a way to contact them in the future. As for the 10/24 show, Alicia will contact Lisa Carter, webmaster, and have Lisa update Open show section with inclement weather clause for contacting Alicia. Also follow up needs to be done in case of cancellation in the future as to website posting and e-blast.

Convention - Cost of hotel room and airfare were discussed. Larry made motion to allow \$400 per delegate towards expenses to attend convention, Patty M. 2nd.

Newsletter - at the last BOD meeting was discussed to generate newsletter every other month. Next one will go out Mid-October.

Trail Rides - Danny is planning for fall of 2010 at either Mineral Wells or Benbrook.

Next BOD meeting is Nov. 10th to review resolutions for convention. Danny Tucker will coordinate a guest speaker for the January meeting. There will be no BOD meeting in December.

Meeting to adjourned 7:50 motion by Larry, 2nd by Alicia.

Respectfully submitted by Debbie Cinotto